

# Asheville Amblers

June/July  
2021



Volume 25, Issue 3

## Valdese Adventure July 24

Registration Point : Old Rock School 400 Main St W Valdese, NC 28690 Registration Check -In Times : 9 AM with 9:30 Step off Walk Time s : 9:30 step off until 6 PM

Trail: Asheville Amblers offer a special opportunity to take part in a unique daylong event. Walk a small friendly town with a rich history. Walk will take you through 15 different attractions and significant places and includes a catered Italian lunch. Walk includes: museum preserving and interpreting the history of the settlement of this foothills town; a model railroad depicting a fictional model WNC railroad serving the area (includes full sized railroad memorabilia and photos); two galleries of art work; trail of buildings and monuments depicting each phase of early settlers' journey to Valdese; 90 ft mural depicting Italian village where settlers came from plus scenes of earliest settlement (includes 51 hidden objects); lunch at McGalliard Falls Park with view of stream with waterfall and grist mill; Fred B Cranford Amphitheater where outdoor drama "From This Day Forward" has run for 52 summers; Downtown district with its quaint shops and restaurants; plus other civic buildings and attractions .

Trail Notes: restrooms available along route. Comfortable walking shoes recommended. No pets. Hard for wheelchairs and medium for strollers. Each participant will receive a complimentary bag with several freebies as a reminder of their visit.

Fees and Awards: Walk costs \$22.50 and includes all entry fees, taxes and lunch. Optional group rate for drama \$10. Preregistration required by July 19 (see brochure sent in separate email). IVV credit is an additional \$3. IVV credit for children 15 and under is free. DONATIONS WELCOME.

Procedure: All participants must complete a Start Card at Registration Point. Card is carried on walk and returned when done. This applies even if you are a free walker. An adult must accompany all children under 16. All Start Cards remain the property of the Asheville Amblers.

Stipulations: Event proceeds rain or shine. NO REFUNDS. Disclaimer: The sponsors are not responsible for accidents, theft, and/or material damage. Every effort has been made to make this a safe, enjoyable and memorable event.

Where to stay: Accommodations available at Morganton and Hickory, NC.

Directions: From the west: I-40 exit 111. At the end of the exit ramp, turn right onto Millstone Avenue. Take first right onto Carolina St. SE., which dead ends into Main St. E. Left on Main St. (U.S. Hwy. 70). After passing through downtown Valdese, the Old Rock School is on the right. Turn into the parking lot on the near side of the building, and enter the building on that side. From the east: I-40 exit 112. At the end of the exit ramp, turn right onto Eldred St. SE. Turn left on Main St. E. (U.S. Hwy. 70). After passing through downtown Valdese, the Old Rock School is on the right. Turn into the parking lot on the near side of the building, and enter the building on that side.

President's  
Corner  
Jon  
Whiteside

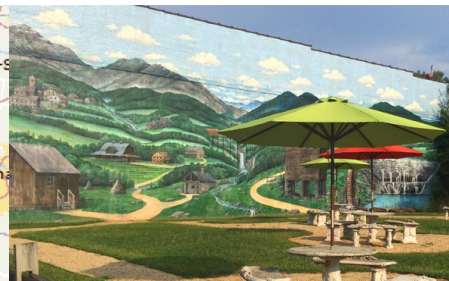
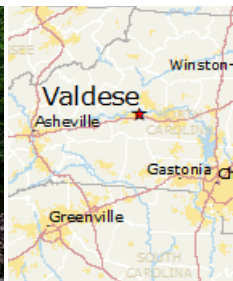
I'm looking out my window right now at a beautiful Saturday with that pretty Carolina Blue sky. Days like this sure make you want to get out and take a walk, enjoy the spring flowers, the birds singing and everything that is beautiful about our mountains.

Last weekend we had a strong showing of 26 Amblers out for the Waynesville walk. Before that we had 18 folks (many out of state) show up to do the Carrier Park walk on a rainy Saturday. Considering that it rained all day long, that was a pretty good turnout. While we are happy to see so many of our fellow Amblers out walking, we are also missing many of you who haven't joined us lately.

There are a lot of exciting events coming up. Check out the articles included in this issue to learn of a weekday "Fun" walk (our first in several years), and the Valdese Experience (day long walk and tour); not to mention our regular club walks.

So, if you've gotten out of the habit of walking with us, now is a terrific time to restart.

Amble On!



## Asheville Amblers Walking Club

The Asheville Amblers Walking Club exists to provide people of average athletic ability opportunities for leisurely, non-competitive walks in scenic and historic areas.

### President

Jon Whiteside

### Vice-President

Don Colbath

### Treasurer

Sue Colbath

### POC Coordinator

Suzie Whiteside

### Traditional Events

#### Coordinator

Judy Michele

### Membership

Jon Whiteside

### Webmaster

Cathy Crosby

### Newsltr Editor

Malory Presley

### Facebook Page

Cathy Crosby

### Circulation

Sherry and John Boyer

### Trail Master

Dennis Michele  
828-628-4343

*Dues are \$10/yr. for single and \$15 for couple or family. These dues are good until Jan 1 of the following year.*

**The Asheville  
Amblers  
PO Box 18957  
Asheville, NC 28814**

Like us on facebook  
ashevilleamblers.com

## Welcome

**A big Ambler Welcome goes to:**

**April**

**Connie Adams**

**May**

**Ellie Kochek**

**We're glad you're here!**



## Achievements

**Teresa Buckner**

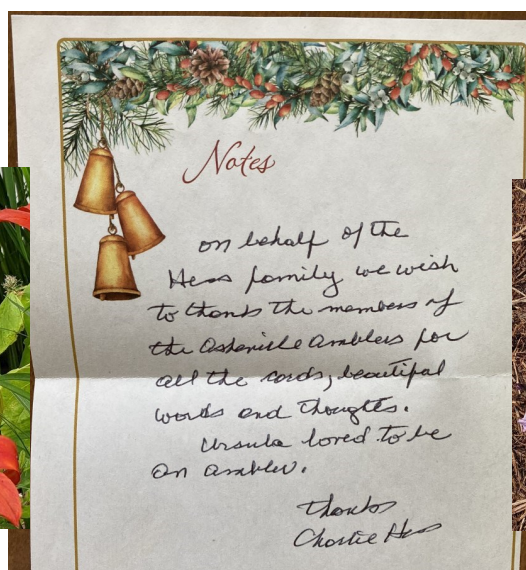
**325 Events**

**Eric Michele**

**2000 KM**

## Car Pool Information

Due to Covid Restrictions there are currently no opportunities for carpooling. Stay tuned!



## Amblers Upcoming Events

<u>EVENTS</u>	<u>TIME</u>	<u>WALK LEADERS</u>
*6/5/21 Hendersonville City	9:30AM	Perry Rawson
6/19/21 Morganton Greenway	9:30AM	Jon Whiteside
7/10/21 Asheville City	9:30AM	Jon Whiteside
7/24/21 Valdese Experience	9:30AM	Robert Cooper
*8/14/21 Brevard Estate/Picnic	9:30AM	Perry Rawson

\* Denotes Date Change

## **Hike Hendersonville June 5**

We will meet to start registration at the Hendersonville Visitors Center at 9:00 in order to start walking at 9:30. Both walk routes will include Main St. with its interesting shops and restaurants and will qualify for the special program of Walk with America's Veterans with memorials at the Old Court House, Both will also pass the Look Homeward Angel statue in Oakdale Cemetery. The long route will include the recently much improved Patton Park and will have restrooms available there at the pool. Restrooms will be available at the end of the walks at the Visitors Center and at the new public restrooms on 5th Ave. a block west of Main St. If you need to stop before the walk, there are several fast food places open along route 64 on the way into town.

Directions: From I-26, take exit 49B onto US 64W. Travel approx. 2 miles into downtown, turn left onto Main St., then go 8 slow blocks, just past Allen St. to the Visitors Center on the right at 201 S. Main St.. Park on the street or in the large lot just beyond the Visitors Center on the right.

Please note: This walk replaces the Brevard Estatoe walk which was scheduled for this date. In order to have the club picnic, that walk will now be held on August 14, and this walk will use the usual Hendersonville routes instead of the Greenway route which was in the schedule.

## **Fun Walk in Weaverville June 9**

On Wednesday June 9th at 10:30am we will have a "fun" walk in the little town of Weaverville. This will be a relaxed 5K-ish walk about town. Walk around lovely Lake Louise, through pretty neighborhoods and along Main Street with its' many eateries. Participants will have to sign in as usual, but this is not a credit walk so no stamping or fees. We will meet at the clock tower on Main Street (across from the Glass Onion which is 18 Main Street).

Come discover Weaverville aka. "Weavertropolis" or "Weavervegas". Yeah, we make fun of it but it's a cool little town. When we get back to normal it has festivals just like the larger "vills" of the area. There is an area farm tour through ASAP and an Art Safari. We've been amazed at what is in a small radius of this area. Come join us, have fun and stay in the area for lunch. We will have restaurant suggestions to share for those not familiar with the town.

Don and Sue Colbath,  
Your VP and Treasurer team

## **Mosey Morganton June 19**

The Asheville Amblers will walk the Morganton Greenway with registration at 9:00 am and the walk itself starting at 9:30 am. This is a wonderful walk that follows the Greenway as it goes along the Catawba River and through parts of Freedom and Catawba Meadows Parks. It's also part of the NC Birder's Trail. This walk has 6 and 10 Km options and is rate 1A.

We will meet at the trailhead across from Judges Restaurant (which is being rebuilt?) and maybe the new Judges is taking shape. From I-40, take exit 100; turn left at the stop sign. When you get to the traffic light where the Taco Bell/KFC is, turn right. Turn left just after 1st Citizen's Bank onto Greenlee Ford Rd. The trailhead (and Judge's) is at the end of the road. The address is 128 Greenlee Ford Rd., Morganton NC. Or follow the directions in the Mountains to Sea book.

# AVA Terminology

Every group has its own terminology and we are no different, perhaps even worse than most. For newcomers or just those of us who muddle things up, here is an explanation of some of the types of events and terminology you might here about or read in the newsletter.

## **Year-Round Event (YRE)**

This is a walk that is available to anyone throughout the entire year. If you look it up on the AVA website or in your copy of Mountains to the Sea you can find the Start Point where the Walk Box is kept. The Start Point can be a hotel, YMCA, Visitors Center or the like. If you go to that Start Point and request the Walk Box, you can register, stamp if you wish, and find step by step directions for the walk.

Our Club/Group Walks which we do roughly every other Saturday are simply YRE's that we do as a group.

## **Traditional/Regular Event**

Traditional Events are walks other than a YRE that are offered for a very limited time; usually for a day or two or perhaps a three-day weekend. This is the only time that these walks are available. Most clubs offer one or two of these events a year.

If you are walking the Carolina 100 (a walk in every NC county) and coloring them in on those shirts that some of us have, you will have to do Traditional Walks as quite a number of counties do not have a YRE.

## **Adventure Weekend**

This is just a fun weekend where people travel to do non-Ambler YREs (usually 2 or 3), spending a night on the road and where possible, gathering for a group dinner. We shoot for less than 4 hours travel time. When we do these, we solicit ideas from members and whoever's idea is selected, is in charge of planning the weekend.

Our last one was to Oak Ridge and Gatlinburg TN. Before that we did Mt. Airy and the NC Zoo walks.

## **Fun Walk**

This is just a chance for folks to get together and do a walk just for the heck of it. There is no required distance and no fees or stamping of books. This kind of walk might be offered in an area where it is difficult to lay out an official 10 K walk that would be necessary to meet AVA requirements.

## **Low Country or Charleston Weekends**

These are Ambler YRE's that we do each spring and fall. Due to travel distances and logistics, we pick a weekend and offer 3 or 4 YRE's and make it a fun and leisurely weekend. In reality, these are nothing more than Club Walks that happen to be a considerable distance away on the SC coast. But they are great weekend trips!

## Asheville City Walk July 10

On July 10th we will be doing the Asheville City Walk. Registration will begin at 9:00 am with the walk starting at 9:30 am. We will walk through the historic Riverside Cemetery, the beautiful Montford area and downtown Asheville. This walk is rated 2A.

We will meet in the rear parking lot of the Asheville Visitors Center (36 Montford Avenue) for sign in. Both 7 and 10K options will be available. This is a beautiful walk and one you won't want to miss it. See you there!

### News From Other Clubs

#### High Point PEC – Gibson Park, 6/12

(Winston Wanderers): The walk will start in Gibson Park at 8am at the parking area by the picnic shelters (at end of road). The registration material will be brought to the park. There is no need to go to the PEC Building.

Directions: To Gibson Park from I-40, take Exit 214, Wendover Ave southbound toward High Point, cross Tarrant Road (traffic light), TURN LEFT at next crossover in the median. There is a Gibson Park sign on the side of the entrance road. Follow the park road until it ends in the last parking lot.

#### Davidson, 6/26 (Metrolina Walkers):

The group walk will start at the YMCA in Cornelius at 9 am. The YMCA is located at 21300 Davidson St. in Cornelius.

Directions: From I-77, take Exit 30 toward Davidson (East) on Griffith Rd until it dead ends at Davidson College. TURN RIGHT on Main St (South) and go about 1 mile to Davidson St. TURN RIGHT to YMCA. There is a small YMCA sign at the corner.

#### Walk Updates

Dan Nichols Park Walk – The DNP YRE walk is again available. The AVA walk box is in the same concession building as before. Walkers need to stand in line outside at the open window and ask for the box. The new concession building is not yet open to the public.

Southport Walk – The Southport Visitor Center where the box is located is still closed. The Visitor Center is expected to open soon.

Historic Wilmington Walk – The Cape Fear Coast Convention and Visitor Bureau, where the box was located closed. We hope to have a new location for the box in the area soon.



### Other Events in the Carolinas & Tennessee

6/5 Raleigh Umstead 9AM TT

6/12 High Pt. Gibson Ok 8AM WW

6/26 Davidson 9AM MW

7/3 Greensboro Pks 8AM WW

7/10 Raleigh Wolfpack 9AM TT

7/17 Old Salem 8AM WW

#### For More Information:

Metrolina Walkers  
704-564-1013  
Mail@metwalk.freesevers.com

Triangle Trailblazers  
919-610-1710  
tkhui@rushpost.com

Winston Wanderers  
276-403-0608 or  
treb03@gmail.com

Rowan Roamers  
704-857-9657  
larrybrown@hotmail.com

Upstate Pathfinders  
864-505-5051  
www.upstatepathfinders.com

#### Editor's Note:

Club/Group Walks are usually held at YRE locations and are open to all.

For directions call or e-mail the club contact person or see your *From The Mountains To The Sea* guide.

Thanks to Robert Cooper for the photos from Lake Lure.

Interested in writing an article or submitting a favorite photo for the newsletter. Please email Malory at mpresley72@hotmail.

Interested in joining the Asheville Amblers?

Just go to the home page at our website:

<https://www.ashevilleamblers.com>

There you will find a link to our membership form.

Print it out and mail it in with your check or bring it to one of our meetings or walks and turn it in.

That's all there is to it. See you soon!



ASHEVILLE AMBLERS

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Asheville, NC 28814

