

# Asheville Amblers

Feb/Mar  
2021



Volume 25, Issue 1

## Welcome Spring in the Low Country

You are invited to join the Amblers for an active weekend in the Low Country from Friday, March 19, 2021 to Sunday, March 21, 2021. March is a great time to visit the Low Country, the flowers should be in full bloom and very pretty. We have a schedule of four group walks with restaurants and shopping convenient at the end of all of them.

Friday, March 19 at 2:00 PM we will step off in Beaufort with a 6K or 10K walk. Beaufort is the perfect walking community. Revolutionary and Civil war history abounds with historic homes and a beautiful waterfront park. Near the end of the walk we pass a street of restaurants and shops you may want to stop in prior to traveling to Bluffton to check into your hotel.

Saturday, March 20 at 9:00 AM we will step off on Pinckney Island, a national wildlife refuge. We have both a 5K and 11K walk. Come for the migrating and year round birds, an alligator or two, turtles and deer. Bring water, cameras, hats, closed shoes (red ants off trail), bug spray and your Audubon app. There are no rest rooms in the preserve and no dogs allowed. An early start is for birders and to beat the heat.

Saturday, March 20 at 2:00 PM we will step off for a 7K or 10K walk in Bluffton. Bluffton has a wonderful history, lovely churches, art galleries and small time shops and restaurants. The walk is on shady streets and waterfront piers. At the end of the walk you will be at the promenade area that is teaming with nice restaurants for all tastes.

Sunday, March 21 at 10:00 AM we will step off on the beach of Hilton Head Island with a 5K or 10K walk. Low tide is around 8 AM so the tide will be coming in as we walk along the beach. The walk continues on wide paths and boardwalks to the Rose Compass Park honoring Charles Fraser, the developer of Sea Pines and the tone for the island. We travel on past Coligny Plaza with interesting shops and finish up back on the beach or you may take Dune Lane first street from the ocean back to the start point.

The Holiday Inn Express, 35 Bluffton Rd., Bluffton, SC, is where the start box is located and where registration will be held. It is conveniently located with easy access to a broad array of restaurants and a popular place to stay. Call 843-757-2002 for reservations or go on-line. There are also many other motels in the area if you have a favorite chain.

Let Jon Whiteside know if you plan to attend and he will keep you posted on any changes or social activities we may be able to plan.



**President's  
Corner**  
Jon  
Whiteside

Eight hardy souls (read as "Eight dummies") turned out for our Traditional New Years' Day walk. Eight individuals willing to suffer through a walk on a cold, miserable, rainy afternoon to uphold the tradition. Then someone had the audacity to suggest that maybe we should postpone to the next day when the forecast was for a warmer sunny day; and everyone looked at each other and decided that was a great idea (guess we weren't so dumb). Our Traditional kickoff became a non-traditional January 2nd-walk, and lo and behold we had 18 Amblers enjoy that beautiful Saturday walk. Guess we are learning not to be too inflexible, especially in the current times. But don't count on more walk delays this year due to inclement weather. I suspect that we have had our one moment of wild spontaneity for the year and will revert to our "walk in any weather" policy. The important thing is just to make sure and bring the right gear. Make sure you have your umbrellas, raincoats, long Johns, gloves, scarves, walking poles, plus water and a snack and you'll be fine on the trail. We haven't had anyone melt away or freeze into a walksicle yet (at least in the last 10 years).

So welcome to 2021, grab your gear and let's go walking!

## Asheville Amblers Walking Club

The Asheville Amblers Walking Club exists to provide people of average athletic ability opportunities for leisurely, non-competitive walks in scenic and historic areas.

### President

Jon Whiteside

### Vice-President

Don Colbath

### Treasurer

Sue Colbath

### POC Coordinator

Suzie Whiteside

### Traditional Events

#### Coordinator

Judy Michele

### Membership

Jon Whiteside

### Webmaster

Cathy Crosby

### Newsltr Editor

Malory Presley

### Facebook Page

Cathy Crosby

### Circulation

Sherry/John Boyer

### Trail Master

Dennis Michele

828-628-4343

*Dues are \$10/yr. for single and \$15 for couple or family. These dues are good until Jan 1 of the following year.*

**The Asheville  
Amblers**

**PO Box 18957  
Asheville, NC 28814**

Like us on facebook  
ashevilleamblers.com

## Welcome

### A big Ambler Welcome goes to:

#### December

Beth Ariss

#### January

Diana & Steve Simpson

**We're glad you're here!**



## Achievements

Eric Michele	325 Events
Jan Weeks	375 Events & 4000 KM
Derrick Weeks	375 Events & 4000 KM
Debbie Beam	550 Events & 5000 KM
Craig Beam	700 Events & 7000 KM
Sandra Barnes	1600 Events
Ralph Barnes	1600 Events

### Car Pool Information

Due to Covid Restrictions there are currently no opportunities for carpooling.

### Dues are Due

Please remember, dues were payable Jan 1st. The amount is still \$15 for a family and \$10 for a single. Dues may be mailed in or given to Jon Whiteside at any event. For those of you who have already paid we thank you; for those of you who haven't, please remit as soon as you can. If you are not sure if you are up to date, contact me and I can let you know. A strong and active membership is what makes the Amblers such a terrific organization. Please remember to let Jon know if any of your information (address, phone number, email) has changed so we can update our database. THANKS!

## Amblers Upcoming Events

	<u>EVENTS</u>	<u>TIME</u>	<u>WALK LEADERS</u>
2/6/21	Brevard City	10AM	Perry Rawson
2/20/21	Spartanburg	10:30AM	Margaret Suits
3/6/21	Arboretum Gardens	10AM	Charlie Hess
3/20-21/21	Hilton Head		Debbie Beam

## **Feel the Chill in Brevard Saturday Feb. 6**

The Amblers will continue our winter walks on Saturday, February 6 in the city of Brevard. Come, enjoy the residential and historic areas, parks, and a very attractive downtown, finishing with the campus of Brevard College, known for its music programs and small school atmosphere. On or off campus, there may be a chance of seeing a white squirrel, even in the winter. I saw two near the campus in December. We will start registration in the parking lot of the Food Lion Supermarket, in the College Square mini-mall at 9:30 in order to start walking at 10:00 am. Weather is unpredictable this time of year, so dress according to the forecast. Still plan to bring water for the route. Both 5 and 10 km. routes are offered. The 5 km one was new last year, and still includes the best parts of downtown. Both routes qualify for the new special program of "Walk with America's Veterans". The store will be open, and restrooms are available inside as well as along the route.

Directions: From I-26, take exit 40 and go south on NC 280 (Airport Rd.) for about 16 miles to the intersection with US 64 and US 276. Continue straight on 64/276 approx. 3 miles toward downtown, taking a right on Caldwell St. (US 64) just after the large Ingles Center on your left. Almost immediately after this take a right into the College Station mini-mall parking lot. We look forward to your presence and the chance to continue a good walking year.

## **Time For Krispy Kreme in Spartanburg Saturday Feb. 20**

Walk with us on February 20, 2021 in Spartanburg SC. Registration will begin at 10 AM and the walk will step off at 10:30 AM. Rated 2A, this is a delightful walk through the picturesque Piedmont town called "Sparkle City". The walk goes through Converse and Wofford Colleges campuses, Liberty Park and beautiful tree lined neighborhoods. There is also a rest break at the Krispy Kreme where you can enjoy the hot donuts and a coffee while watching the donuts being made. In addition, the downtown area which we walk though has a wide variety of restaurants to enjoy for those who are comfortable with that. Please mark your calendars and plan on joining us.

Directions: YMCA of Greater Spartanburg. If using GPS enter 266 South Pine Street. From I-26 or 85 turn onto Bus. I-85 to Exit 5. Turn towards Spartanburg on I-585/US-176 (becomes Pine St). 4 miles on Pine crossing Main and then right on Ribault.



# Spring Breaking At the Arboretum March 6

Meet Charlie Hess of the Amblers at 9:30AM at the Baker Center for a refreshing walk around the Asheville Arboretum Gardens. Step off is at 10:00AM with 5k and 10k options. Bring your walking sticks and closed toe shoes. There should be plenty in bloom in the gardens and perhaps the azaleas will be putting on a show. While there, visit the new Bonsai Exhibition inside the Baker Exhibit Center Greenhouse.

Directions: 100 Frederick Law Olmsted Way, Asheville, NC 28806. 828-665-2492. From I-26 take Exit 33. Follow NC191 south approx. three miles. Turn right at light for the Blue Ridge Parkway. Turn right towards the Arboretum gate. From the Blue Ridge Parkway, take the exit for NC-191 at Mile Marker 393. Arboretum is on the left.

NOTE: Parking has been raised to \$14 per car. Unfortunately, there will be no organized car-pooling this year. If you have a free pass that you'd like to share please email [robodoncolbath@gmail.com](mailto:robodoncolbath@gmail.com)

## Financial Musings

Since we have not been having monthly meetings, the board of the Asheville Amblers thought it would be prudent to share the financial picture of the club in the newsletter. This Income Statement details the club's income and expenses for the year ended December 31, 2020. The bank balance as of December 31 was \$4,128.38.

While we ended up with a deficit for the year, it was not as big as expected, thanks in part to free walkers who generously made donations to the club for regular walks, as well as for our traditional events. The Amblers thank you. Speaking of donations, the club donated money to three organizations in 2020: the AVA's Big Give, Asheville Greenworks, and the Woodfin Greenway and Blueway Project. All donations were received, acknowledged, and appreciated by the recipients.

For those members who, like your president and treasurer, are intrigued by numbers, an item worth pointing out is that the participation fees we pay to the AVA are paid in the month following the end of the quarter. In other words, the fees reported in 2020 are for the fourth quarter 2019 and the first three quarters of 2020, which means the walk fee income is not for the same time period as the participation fee expense. In a normal year, it would all even out, but since walks were cancelled for three months in 2020, it looks a little lopsided on this report. Another detail regarding participation fees is that we will be paying our fourth quarter 2020 fees before the end of January as well as the post office box rent, which will make a notable dent in the bank balance.

We realize, however, that most people are really only interested in knowing if we have enough money to cover our expenses. To that end, we are glad to say that overall, we managed to control the expenses we could and not come out too badly at year end, all while maintaining a satisfactory bank balance.

Feel free to contact Sue Colbath at [robodoncolbath@gmail.com](mailto:robodoncolbath@gmail.com) if you have any questions or would like more details about how we manage our money.

4:23 PM  
01/14/21  
Cash Basis

**Asheville Amblers**  
**Profit & Loss**  
**January through December 2020**

	<u>Jan - Dec 20</u>
<b>Ordinary Income/Expense</b>	
<b>Income</b>	
4000 · Annual Dues - Amblers	784.00
4005 · YRE	
4006 · Walk Fees	1,227.00
4007 · Patch income - 'A' Award	14.00
4008 · Coupon income	1,000.00
4009 · New Walker Pack	35.00
4010 · Event Books	174.00
<b>Total 4005 · YRE</b>	<u>2,450.00</u>
4025 · Specialties income	
4026 · Clothing/Patches/SP	13.00
4028 · B Award income	11.00
<b>Total 4025 · Specialties income</b>	<u>24.00</u>
4035 · Donation income	186.00
4055 · 50/50 income	27.50
4060 · Food/Party income	313.00
<b>Total Income</b>	<u>3,784.50</u>
<b>Expense</b>	
6000 · Annual Fees - AVA	
6001 · AVA Dues	75.00
6002 · Participation fee expense	1,621.25
6003 · Sanction Fee expense	610.00
<b>Total 6000 · Annual Fees - AVA</b>	<u>2,306.25</u>
6005 · YRE expense	
6008 · Walk Box Supplies	37.60
<b>Total 6005 · YRE expense</b>	<u>37.60</u>
6025 · Specialties	
6027 · AVA Supplies	95.40
<b>Total 6025 · Specialties</b>	<u>95.40</u>
6035 · Admin expense	
6036 · P.O. Box	84.00
6037 · Website expense	109.99
6038 · Other Admin	81.78
<b>Total 6035 · Admin expense</b>	<u>275.77</u>
6045 · Newsletter expense	95.39
6050 · Office Supplies	22.93
6055 · 50/50 Pay Out/Donation expense	
6056 · Donations, incl. 50/50	250.00
<b>Total 6055 · 50/50 Pay Out/Donation expense</b>	<u>250.00</u>
6065 · Food/Party expense	
6066 · Food expense	433.78
6067 · Room/Pavilion rent expense	108.00
6068 · supplies	49.80
<b>Total 6065 · Food/Party expense</b>	<u>591.58</u>
6070 · Postage expense	
6072 · New Member Mailings	24.80
6073 · Other Postage	63.46
<b>Total 6070 · Postage expense</b>	<u>88.26</u>
6075 · School Based Clubs	157.70
6080 · Printing expense, incl. M2C	81.89
6100 · Miscellaneous	-55.21
<b>Total Expense</b>	<u>3,947.56</u>
<b>Net Ordinary Income</b>	<u>-163.06</u>
<b>Net Income</b>	<u><u>-163.06</u></u>

## News From Other Clubs

### Group Walks in February

**High Point City, 2/13 (Winston Wanderers):** The walk will start at 10am at the High Point Convention and Visitor Bureau located at 1634 N. Main St #102, High Point. Directions: From Winston-Salem I-40 take Exit 196, US 311/High Point. Follow Bus 311 (Main St) to State St. TURN LEFT on State St and IMMEDIATELY RIGHT into Visitor Center parking. From north and east on I-85 take the I-85 Bypass South to Bus 85/US 29/70 (Exit 118) then Bus 85 to High Point/Downtown/Bus 311 Exit. Follow Bus 311 North (Main St) across Lexington Ave to State St. TURN RIGHT on State St and IMMEDIATELY RIGHT into Visitor Center parking. From south on I-85 to US 52 (Exit 87) to Bus 85/US 29/70 to High Point. Exit High Point/Downtown/Bus 311 and follow as above to parking.

**Fayetteville Carver's Creek State Park, 2/20(Winston Wanderers):** The walk will start at 10am at the Sandhills Access Parking Lot located at 995 McCloskey Rd, Fayetteville. Directions: From NC295 take Exit 28 to US-401 North (Ramsey St). Turn north toward Lillington on US401 North. Drive 0.6 miles to the second left after the traffic light on W. Summerchase Dr onto McCloskey Road (across from Long Hill Elementary School). Follow this 1.9 miles to end at the parking lot on left.. 3

**Davidson, 2/27(Metrolina Walkers):** The group walk will start at the YMCA in Cornelius at 10am. The YMCA is located at 21300 Davidson St. in Cornelius. Directions: From I-77, take Exit 30 toward Davidson (East) on Griffith Rd until it dead ends at Davidson College. TURN RIGHT on Main St (South) and go about 1 mile to Davidson St. TURN RIGHT to YMCA. There is a small YMCA sign at the corner.

For liability reasons all walkers must register prior to walking with the Amblers. Please sign in at the Registration Table at each walk. Even if you are a Free Walker you must register.



## Other Events in the Carolinas

2/13 High Point City 10AM WW

2/13 Wilson 10AM TT

2/20 Fayetteville 10AM WW

2/27 Davidson 10AM MW

3/^ Dan Nicholas Pk 10AM RR

3/13 Duke/Durham 10AM TT

3/13 Historic Durham 2PM Tt

3/13 Mount Airy 10AM WW

3/20 Charlotte South 10AM MW

### For More Information:

Metrolina Walkers  
704-564-1013  
Mail@metwalk.freeservers.com

Triangle Trailblazers  
919-610-1710  
tkhui@rushpost.com

Winston Wanderers  
276-403-0608 or  
treb03@gmail.com

Rowan Roamers  
704-857-9657  
larrybrown@hotmail.com

Upstate Pathfinders  
864-505-5051  
www.upstatepathfinders.com

### Editor's Note:

Club/Group Walks are usually held at YRE locations and are open to all.

For directions call or e-mail the club contact person or see your *From The Mountains To The Sea* guide.

**Interested in writing an article or submitting a favorite photo for the newsletter. Please email Malory at mpresley72@hotmail.com**

Interested in joining the Asheville Amblers?

Just go to the home page at our website:

<https://www.ashevilleamblers.com>

There you will find a link to our membership form.

Print it out and mail it in with your check or bring it to one of our meetings or walks and turn it in.

That's all there is to it. See you soon!



ASHEVILLE AMBLERS

Editor - Malory Presley

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Asheville, NC 28814

